



Sunday, June 23, 2019

Register now for the 14th Annual YMCA Tour De Kingston!

Start times and distances:

- 8:30am Dirty 30 and Fortitude 44 Gravel Rides
- 9am 25 and 50 Mile Road Rides
- 10am 8 and 16 Mile Rail Trail Rides
- 11am 5 Mile Family Ride - THIS RIDE IS FREE - BUT PLEASE REGISTER!

All rides begin and end at Forsyth Park, Lucas Avenue, Kingston, NY. Parking is at Dietz Stadium. Registration includes the Bike Brothers Post-ride BBQ, fully stocked rest stops, surprise gifts and raffle ticket. Register online at www.tourdekingston.com or use the registration form below. All proceeds benefit Tour de Kingston Community Scholarships and the YMCA of Kingston and Ulster County's Bicycle Safety Programs.

The Fine Print (Important Notes): Helmets required for all riders. All riders must sign waiver. Those under 15 must be accompanied by a parent or guardian. No rain date, refunds or exchanges.

Thanks to our Sponsors (as of February 20, 2019):



2019 Tour De Kingston Registration Form

Name: _____

Address: _____

Telephone Number: _____ Email: _____

Parent/Guardian if Under 15 Years: _____

Emergency Contact Name and Phone Number: _____

Ride (Circle one): 5 Mile Family 8 Mile Rail Trail 16 Mile Rail Trail 30/44 Mile Gravel 25 Mile Road 50 Mile Road

Adult Registration Fee: \$40 till June 17; \$50 thereafter Youth: \$10 (Advance and Day of Ride)

FAMILY RIDE IS FREE OF CHARGE - BUT PLEASE REGISTER!

Check payable to: YMCA. Mail to TDK, c/o YMCA, 507 Broadway, Kingston NY 12401 Questions? Call the YMCA 845-338-3810, x 102