

KINGSTON, NY – The YMCA of Kingston and Ulster County welcomes their new Associate Executive Director, Heather Bell. Bell will lead the internal day-to-day activities at the YMCA related to Programming and Health and Wellness.



“I am very excited to see Heather Bell as the new Associate Executive Director for The YMCA of Kingston and Ulster County. With almost five years of Y experience and proven leadership, we are confident that she will advance the mission of the YMCA in Ulster County,” says Heidi Kirschner, CEO/President for the YMCA of Kingston and Ulster County, “Her ideas to connect with the community will allow us to serve more people, strengthening the lives of thousands of children, adults, seniors and families.”

Bell served as the Executive Director of the YMCA of Central and Northern Westchester and has been a dedicated leader within the Y movement since 2014. She started her Y career as an Associate Executive Director in Westchester.

“I could not pass up the opportunity to grow the Y’s impact in Ulster County” says Bell. “The YMCA of Kingston and Ulster County is a great organization and I am excited meet and serve its community.”

The YMCA of Kingston and Ulster County was established in 1866. The YMCA Kingston and Ulster County is a private not-for-profit, community-based organization providing social, health, physical education and recreation services to the residents of Ulster County. YMCA programs includes school-age child care, health enhancement / fitness classes, summer camps, swim lessons for all ages, special scholarship programs for low-income youth and families and cardio pulmonary programs. The YMCA serves women, men and children of all religions from infants to seniors.