



2016-2017 ADULT CO-ED VOLLEYBALL LEAGUE YMCA OF KINGSTON & ULSTER COUNTY

All rules of the league are played by USAVB unless otherwise stated for this league.

CO-ED RULES

B Division

1. Teams must have a minimum of 3 players to start a game, 1 player must be female.
2. the ratio of female to male is 1F/2M ,1F/3M, 2F/2M, 2F/3M 2F/4M or all females.
3. If there are more males than allowed for the ratio they may take turns rotating or subbing in.

A Division

1. Teams must have at least 3 players to start with at least 1 being female.
2. Amount of male/female players on the court is at the discretion of the team captains, but MUST have at least one female on the court at all times.

FORFEITS

Please don't forfeit. Your teammates and opponents count on you to have a full team to provide competitive games.

1. Teams receive a forfeit for Game 1 if they do not have the minimum of 3 players required to start the match by 10 minutes after the **scheduled start time**. (Not 10 min's. after the previous match ended.)
2. Teams receive a forfeit for **all 3 games** if they do not have enough players by 20 minutes after the scheduled start time.
3. **No one may play without signing the waiver and registering for the league.** If it is found that a team is playing with someone who has not signed a waiver, your team will receive a forfeit for that match.

Substitutes

1. Each team is allowed 1 male and 1 female substitute free of charge however, substitutes are only allowed after you have filled a team roster 6.
2. Substitutes may purchase a team shirt if wanted for a fee of \$8.00
3. A Division players may **not** play for B Division teams. However B players may sub in the A Division.

YMCA SPECIFIC RULES

1. Any served ball that hits the side backboard is considered out. A served ball hitting the basket rim or its net will get a replay. However if it hits the rim or net on this replay it is a dead ball. The end backboards are out of bounds on a serve.
2. Any ball that hits the **side** backboard is at the discretion of the referee as to the "in-play" ability of the ball. When in question, a replay will occur.
3. Any serve or volleyed ball that hits the overhead wire will be an automatic replay.
4. If a player passes the ball into the end backboard or it's rim/net on their side and it is an obvious interference to the referee or prevented a second player attempting to play it a replay will be called.
5. Late players entering the game may enter at the end of a volley in the back row. If entering on a side out in the service position the team must rotate first.

