



**FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

### **Youth Use of Facility (Effective 3/30/15)**

**There are some age restrictions regarding youth use of the YMCA facility. This is to ensure the safety all members. All youths must be engaged in a YMCA program. Youths are not allowed to congregate in the hallways.**

#### **Youth ages 11 and under:**

- 11 and under must be accompanied by parent/guardian at all times unless youth is enrolled in a structured program.
- Not allowed to use equipment in free weight center or wellness center.
- Are allowed to use community/game room when not being utilized by private group
- Allowed to use gym and participate in open gym activities
- All other areas are restricted unless participating in organized YMCA programs.

#### **Youth 12-14:**

- Allowed in the building without an adult up to 6PM.
- After 6PM youth must be under direct supervision w/a parent/guardian or in a YMCA structured program.
- Are allowed to use the equipment in the Wellness Center (Wellness Staff approval required)
- May use the track but must follow "track rules posted".
- Not allowed in the weight room.
- Allowed to use gym and participate in open gym activities
- All other areas are restricted unless participating in organized YMCA programs.

#### **Youth 15 to 17:**

- Are allowed to use the equipment in the Wellness Center
- May use the track but must follow "track rules posted".
- Allowed in the weight room. No backpacks allowed. No loitering.
- Allowed to use gym and participate in open gym activities
- All other areas are restricted unless participating in organized YMCA programs.
- Must leave building at 8PM

**NO YOUTH of any age are allowed in the DEN area without a coach!**

**Food is allowed only in the Member Lounge.** Drinks are allowed in gyms but must be contained.

**Pool Use –Please see pool specific guidelines** Youth 14 and under must have **direct parent/guardian in the pool after 8:00 PM.** Parent/Guardian must be in the pool area with child past 8:00 PM, no exceptions. **Must be 15 years of age to use Whirl-spa (hot tub).**

**Male youth 18 and under** are to use the boys locker room only. **Female youth 18 and under** are to use the girls locker room only.

**Everyone is to adhere to the YMCA CORE VALUES:**

**RESPECT, RESPONSIBILITY, CARING, HONESTY**