



YMCA
We build strong kids,
strong families, strong communities.

CYCLE CLASS SCHEDULE							
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00-7:00AM		Jen R	Amy		Beth R		
8:15-9:15AM							Jen S.
8:30-9:30AM		Bill				Judy	
9:30-10:30AM	Lenny						
12:15-1:00PM			Kathy		Dave / Mary		
4:15-5:15 PM			Colleen		Beth D		
4:30-5:15PM						Amy	
5:30-6:30PM		Mari	Judy	Mark	Sue		
6:00 PM		OUTDOOR GROUP RIDE					
ALL CYCLE CLASSES ARE HELD UPSTAIRS IN THE CYCLE ROOM (LOCATED ACROSS FROM WELLNESS CTR)							
OUTDOOR GROUP RIDE MEETS IN PARKING LOT MONDAYS 6:00 PM							