

YMCA Gym Availability 2009-10

Please see Joan Keating in Membership Office if interested in Renting/Reserving Space



YSPORTS
We build strong kids, strong families, strong communities

**YMCA GYM
SCHEDULES
WINTER 2009**

MAIN GYM		Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
5:30am	Basketball			Basketball		Basketball	Open 7am - 6pm Coming soon Y26.2 training!	Open 9am - 4pm
7:00am		Open			Open			
8:00am	Open			Open				
9:00am						Open		
12:00pm	Adult Basketball	Adult Basketball	Adult Basketball	Adult Basketball	Adult Basketball			
1:00pm								
3:00pm	Open	Open	Open	Open	Open			
4:00pm								
4:30pm	Teen B-Ball League	Open	Open	Open				
5:00pm								
6:00pm		Biddy Basketball	Teen B-Ball League	Adult Volleyball				
9:00pm								
10:00pm								



UPPER GYM		Mon	Tues	Wed	Thurs	Fri	Sat	Sun	
5:30am	Basketball			Basketball		Basketball	Open 7am - 6pm	OPEN 9am KHS Color Guard 12-4pm	
7:00am		Open			Open				
9:00am	Hand/Paddleball			Hand/Paddleball					Hand/Paddleball
10:00am									
11:00am									
12:00pm	Open								
1:00pm									
3:00pm	Open								
4:30pm	Hand/Paddleball				Hand/Paddleball	Open			
6:00pm	430pm-730pm		Open		430pm-730pm				
7:30pm					KidsTogether				
8:30pm	Open				730pm-830pm				
9:30pm					Open				

LOWER GYM		Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5:30pm							Sport Shorts 9am-12noon Cheerleading 4-6pm	OPEN 9am Cheerleading 1-4pm
9:00am	Open	Open	Open	Open	Open			
12:00pm								
1:00pm								
3:00pm	Childcare	Childcare	Childcare	Childcare	Childcare			
4:00pm								
6:00pm								
6:30pm	Cheerleading		Cheerleading	Open				
7:00pm		KidsTogether 700pm-830pm		Table Tennis 630pm-1030pm	Kid's Nite Out 2nd & 4th Friday			
8:30pm	Open	Open	Open					
9:30pm								