



22nd
YMCA

INDOOR TRIATHLON

8AM – 12 Noon, Sunday, February 26, 2012
First Wave Starts 8:00AM

*Swim 15 minutes
Bike 20 Minutes
Run Track 20 Minutes*

507 Broadway, Kingston, NY

845-338-3810 info@YMCAulster.org

The YMCA of Kingston & Ulster County

DIRECTIONS: I-87 Exit 19, I-587, Broadway 1.5 miles, turn Right on Pine Grove Ave. (Rite Aide), Y parking lot on right.

PLEASE PRINT CLEARLY – Return to YMCA 507 Broadway, Kingston NY 12401

Name: _____ Phone _____

E-mail _____ Cell _____

Male / Female; Age _____ Birth Date _____

Address: _____

Emergency Contact: Phone _____ Name: _____



2012 YMCA Indoor Triathlon Registration – Proceeds benefit YMCA Strong Kids Campaign

Early Registration prior to 1/29/2012 \$25.00, Late Registration 1/30/12 – 2/19/12 \$30.00

Amount Paid \$ _____ Date Received _____ Staff _____

I, the undersigned, In consideration of this registration for the Indoor-Triathlon, waive all claims for damage against the Triathlon, its organizers, sponsors, or the YMCA, for any and all injuries I may suffer in this event.

Print Name: _____

Signature: _____ Date: _____

Parent signature (if under 18 yeas of age)