

POOL SCHEDULE



YMCA of Kingston & Ulster County
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 Fax (845) 338-4850
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	Mon.	Tues.	Wed	Thurs.	Fri	Sat.	Sun.
5:30-9:30am	Adult Open	Adult Open	Adult Open	Adult Open	Adult Open		
8:00-8:55am	↓	↓	↓	↓	↓	Adult Open	9:00am
9:30-10:15am		Adult Open	Adult Open	Adult Open	Adult Open		Adult/Family
10:15-11:30am	Open	Open	Open	Open	Open		Youth
	Adult	Adult	Adult	Adult	Adult		Open
11:30-3:40pm	Open	Open	Open	Open	Open	11:35am	
	Adult/Family	Adult/Family	Adult/Family	Adult/Family	Adult/Family	Adult/Family	
4:30-5:30pm	Open		Open		Open	Youth	
	Adult/Family		Adult/Family		Adult/Family	Open	Pool closes
	Youth		Youth		Youth		at 5:00pm
5:30-8:00pm	Open	Open	Open	Open	Open		
	Adult/Family	Adult/Family	Adult/Family	Adult/Family	Adult/Family		
	Youth	Youth	Youth	Youth	Youth		
8:00-10:00pm	Open	Open	Open	Open	Open	Closed	
	Adult/Family	Adult/Family	Adult/Family	Adult/Family	Adult/Family		

Mission Statement:

The YMCA is an open, inclusive, interfaith movement which advocates Christian principles through programs that build spirit, mind and body for all.